

Course Title : Developmental Psychopathology**Course Code : PSY-812****Credit Hours : 3****Pre Requisite: Psychopathology & Psychodiagnostic Interviewing****Course Description:**

Developmental Psychopathology is designed to interpret non-normal developmental paths from within the framework of normative development. It has following central characteristics: Use of classical developmental theory and research to highlight issues of psychopathology; the use of insights from developmentally atypical populations to increase understanding of normal developmental processes; integration of methods and theories from various social science disciplines and derivation of implications for interventions and social policy.

Objectives:

- The student will learn about the nature and extent of various disorders through an understanding of common models of etiology and developmental trajectories.
- Understand the current theories and models with respect to the etiology, secondary prevention and treatment of developmental psychopathology.

Learning Outcomes:

- Understand the role of theories and models of etiology, and developmental perspective in various disorders.
- Develop skills to effectively manage and treat childhood mental disorders.

Course Contents:**The developmental psychopathology perspective**

- Theories of Psychopathology
- Risk and Protective Factors
- Early attachment and role of families
- Influences and risks in the developmental process

Internalizing Behavior Problems

- Diagnosis and assessment of anxiety disorders
- Diagnosis and assessment of mood disorders
- Evidence-based treatments for mood and anxiety disorders among children

Externalizing Behavior Problems

- ADHD as a risk factor for other disruptive behaviors
- Diagnosis and assessment of ODD and conduct disorder
- Evidence-Based Interventions for externalizing behavior problems

Diagnosis and Management of Language and Learning Disorders

- Issues in diagnosis
- Psychological and educational interventions for learning difficulties

Autism Spectrum Disorder

- Differential diagnosis and assessment of autism
- Managing Autism

Psychological factors effecting medical condition

- Psychological And Family Influences On Medical Conditions
- Consequences of Chronic and Comorbid Conditions
- Facilitating Medical Treatment

Suggested Readings:

- Wicks-Nelson and Israel (2006): Behaviour Disorders of Childhood . 6th edition
- Nayar. U.S.(2012). Child and Adolescent Mental Health. Mumbai. India.
- Kerig.P&Wenar.C. (2005). Developmental Psychopathology. McGraw-Hill. 5th Edition.
- Weisz.J.R. & Kazdin.A.E. (2010). Evidence-Based Psychotherapies for Children and Adolescents, 2nd Edition.